



MISSOURI DEPARTMENT OF HEALTH AND SENIOR SERVICES
COMMUNITY FOOD AND NUTRITION ASSISTANCE (CFNA)
CHILD AND ADULT CARE FOOD PROGRAM (CACFP)
AT-RISK SNACK & SUPPER MENU TEMPLATE (5 DAY)

NAME OF CENTER/FACILITY Love-N-Stuff					
YEAR 20XX	WEEK OF June 1 to June 5				
	DATE 6/1	DATE 6/2	DATE 6/3	DATE 6/4	DATE 6/5
SNACK PM SERVE 2 OF 5	Cheese Quesadilla				
MILK		Skim Milk			Skim Milk
MEAT/MEAT ALTERNATES	Colby Cheese	Peanut Butter		Mozzarella Stick	Yogurt
VEGETABLE			Carrot Sticks		
FRUIT			Apple Slices	Pineapple	Banana
GRAIN	WG Flour Tortilla	WG Bread			
OTHER FOODS	Mild Salsa				
SUPPER	Vegetable Beef Soup USDA Recipe		Baked Chicken USDA Recipe		
MILK	Skim Milk	Skim Milk	Skim Milk	Skim Milk	Skim Milk
MEAT/MEAT ALTERNATES	Lean Ground Beef	Beef Hot Dog	Chicken Breast	Deli Turkey & Swiss Cheese	Fish Patty (CN)
VEGETABLE	Broccoli	Tator Tots	Green Beans	Baby Carrots	Mixed Vegetables
FRUIT	Pineapple Chunks	Watermelon Cubes	Peaches	Banana	Fruit Salad
GRAIN	Cornbread	WG Hot Dog Bun	WG Roll	WG Bread	WG Hamburger Bun
OTHER FOODS		Mustard/Ketchup	Ketchup	Mustard//Mayo	Tartar Sauce

Note: Minimum serving sizes per age group and meal requirements as listed on the Food Charts must be followed for a creditable **CACFP** meal.